



Ian Pottinger 07791 568299

## Mini Tennis October Fun Day Camp

at Northaw & Cuffley Tennis Club

Northaw Road East, Cuffley, Hertfordshire EN6 4RD

£19 Age 4-10 10am - 3pm

Wednesday 27<sup>th</sup> October 2010

**Coach:** Ian Pottinger Plus 1 - 3 experienced assistants

Open to **members** and **non-members** alike - Dynamic warm-ups - Co-ordination skills - Rallies & Tactics - Serving exercises - Team games - Match play - Word search - Treasure Hunt! - Prizes & Certificate - Children are supervised at all times

*\*Match play for older children and able younger ones\**

- Please bring: a drink, packed lunch (containing **no nuts** please in case children swap with nut allergic child) loose fitting clothing, a **cap** and if necessary, a waterproof
- Indoor facilities available in event of poor weather
- Drinks and **nut free** biscuits provided at regular intervals - gift bag also **nut free**

**We'll have lots of breaks - so don't worry, they won't get too tired!**

### Reply slip – October Half Term Fun Day Camp>>>

Please return this slip **asap** by hand with cash/cheque (pay to Ian Pottinger) or to:

**6 Brooms Close, WGC, Herts AL8 7JA (Tel 07791 568 299) [ianpottinger2000@yahoo.com](mailto:ianpottinger2000@yahoo.com)**

Price: £19 (£21 non members - includes levy to club). Pls deduct £2 from sibling attending same day

	Pls tick
Wednesday 27 Oct	

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ School: \_\_\_\_\_

Address: \_\_\_\_\_ Home tel no: \_\_\_\_\_

In case of emergency contact: Name: \_\_\_\_\_ Tel no. \_\_\_\_\_

Medical or other conditions \_\_\_\_\_ I'd like to be in a group/team with \_\_\_\_\_

Name (and position) of person collecting \_\_\_\_\_ Tel no \_\_\_\_\_

Email \_\_\_\_\_ (very useful, if you are able to give one)

**British Tennis Membership Number** \_\_\_\_\_

- Please join quickly and for free at <http://www.lta.org.uk/britishtennismembership/>

In future, which days of the week would you prefer for camps? \_\_\_\_\_

## Mini Tennis Autumn group lessons at Cuffley Tennis Club & Schools

**Nursery, Red, Orange, Green & Full Ball groups throughout the week**

**Starts:** Monday 6 Sept '10 **Ends:** Friday 17 Dec 10 **14 weeks of lessons**

*No lessons in HT (Mon 25 – Fri 29 Oct)*

**Coach:** Ian Pottinger (plus a qualified, experienced assistant)

Level 3 LTA qualified and LTA licensed First Aid training current Criminal Records Bureau checked

- **Group nos:** 8 per group (4:1 pupil:coach ratio at club), Nursery groups of 4
- **Bring:** a drink, cap & loose clothing, waterproof if necessary

**Payment:** R, O, G groups at club: £98, R, O, G Squads (of 4): £116, F Squads at club: £84 N grps (of 4): £98, Groups at Cuffley Sch: £77, Goffs Oak School group: £67 **Key:** N=Nursery, R=Red, O=Orange, G=Green, F=Full Ball

**N.B.** Red, Orange & Green groups & squads include a **Friday group** as well (R4.30, O5.30, G6.15)

**Rain cancellation policy:** Red groups run indoors, Orange & Green run in light rain. Assume it's on!

**Collection by parent:** PLEASE collect from court – do not wait in clubhouse or in car park

### >>> and/or Autumn '10 group lessons

Lesson time	Level of group (see key below)	Choice 1	2	3	Lesson time	Level of group (see key below)	Ch 1	2	3
Mon 4.45-5.30	New Red 3 group				5.15-6.00	Red1/2 group			
5.30-6.15	Orange group				6.00-6.45	Full Ball squad			
6.15-7.00	Full ball squad				<b>Thurs</b> 2.30-3.00	Red3 Nursery grp			
<b>Tues</b> 3.45-4.30	Red 3 group				3.20-4.05	Red 3 Cuffley JMI			
4.30-5.15	Red 2 group				4.30-5.15	Red 2 group			
5.15-6.00	Orange group				5.15-6.00	Red 1 group			
6.00-6.45	Full ball squad				6.00-6.45	Orange group			
<b>Wed</b> 3.20-4.05	R3 Goffs Oak JMI				<b>Fri</b> 2.30-3.00	Red3 Nursery grp			
4.30-5.15	Red2 group				<b>Fri</b> 3.20-4.05	Red 3 Cuffley JMI			

**Key:** Red 3: age 4-6, Red 2: 6/7, Red 1: 7/8, Orange: 8-9, Green: 10, Full Ball: 11+

**Annual Club Membership (compulsory) & British Tennis Membership** - forms in clubhouse